

L.L.R.M. MEDICAL COLLEGE, MEERUT, UTTAR PRADESH

MBBS 1st PROF.

COMPETENCY BASED UG CURRICULUM

FOUNDATION COURSE FOR ACADEMIC YEAR 2019-20



CONVENER

Dr. R. C. GUPTA
(Dean/Principal)

COORDINATOR

Dr. VINAY AGARWAL

CLINICAL COORDINATOR

Dr. RAKESH DUBEY (SIC)

	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5
DAY1 1/8/19 Thursday	-Welcome address by DEAN/CMS -Lamp lighting and blessing words from Teachers of medical college			Introduction of students and noting of names of their mentors	LUNCH	Language skills		Sports and physical activity
DAY2 2/8/19 Friday	-Introduction of Pre clinical Departments Anatomy-Who is your 1st Guru in this life? Physiology-How to see function of your body? Biochemistry-Inner picture shows the outlook			-Community Medicine Introduction of students and noting of names of their mentors		Computer skills		Sports and physical activity
DAY3 3/8/19 Saturday	Introduction from immediate senior batch in presence of Preclinical faculty	White apron ceremony By first professional head of Depts. and guests		-Vaccinations + anti ragging committee		Language class		Sports and physical activity

	9-12	10-11	11-12	12-1	1-2	2-3	3-4	4-5
DAY4 5/8/19 Monday	Introduction of Para clinical Department: -Pathology- How disease happen? -Microbiology-Keeda Kaun (disease by worms) -Pharmacology- Dawadaru Programme -Forensic Medicine – Death is a mystery			Community Medicine Role of doctor in community Professional ethics	LUNCH	Time and stress management	Steps for prevention of ragging	Sports and physical activity
DAY5 6/8/19 Tuesday	Breast feeding week lectures. Skills of teaching	National Programmes on mother and new born In Auditorium, community and	Demos and showing Proper breastfeeding practices			Language Class		Sports and physical activity

	methods	hospital visiting				
DAY6 7/8/19 Wednesday	How to deal with patient in fractures Ortho Disability focus Dealing with pain in Ortho	Field visit in five batches Hospital visit In hospital lecture theatre	Orthopedic dept Disability showing	Hospital LT Radio diagnosis Showing X-ray and MRI and radiotherapy		Computer skills Sports and physical activity
DAY7 8/8/19 Thursday	How to deal with obstetric Patient in pain	Visit in 5 batches Hospital visit of Labour room ANC ward, Partum Care and skill to care them	Nursing deptt For Skills in obs patient n care and skills with paramedics	Art of nursing care In high risk and special groups (disability)		Language Sports and physical activity
DAY8 9/8/19 Friday	Basic Skills of Neonatal care Baby crying causes	Hospital visit In 5 batches with help of Pediatrics n PPR dept, immunization room.....Skills on kids	New born / BLS	Life saving video s and techniques for children		Computer skills Sports and physical activity
DAY9 10/8/19 Saturday	Pathology deptt— basic procedures done Biopsy and aspirations	Histo lab n museum	Views from microbiologist new threats to world	Art of interaction		Language Sports and physical activity

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12/8/19 Monday	GH							
DAY10 13/8/19 Tuesday	How do we make drugs and how they work , drug administration Pharmacology	Labvisit for5 batches, showing medicine packing writing and talking about side effects... Drug addiction Mannequins with drug admns	Including Visit to library one batch	Experience as doctor With right treatment,, how to advise medicine.... role play ...	LUNCH	Computer skills		Sports and physical activity
DAY11 14/8/19 Wednesday	Sounds as elixir of life.. ENT Lecture...deewaro ke kaan	Field visit in 5 batches And showing of ENT cases and small video	Disability focus	Videos Deaf and dumb school and rehab center		Language		Sports and physical activity
15/8/19 Thursday	INDEPENDENCE DAY							
DAY12 16/8/19 Friday	Medicine and Yoga Medical software	Visits to various wards 25each.MedicineWard /ICU / drug distributing /ECG/ IV lines Interaction with staff, patients, paramedical..... Skills to interact with them as doctor	In six groups of Skin	How does it feel as patient and expectations from hospital.....? Role play skills presentation		Computer skills		Sports and physical activity

DAY13 17/8/19 Saturday	Medico legal cases How to deal With Skills Superintendent hospital	Visits in batches 25each.Medicine/ Emergency building / minor OT	In six groups	Self directed learning/ Stop Violence at clinic SDL Experience		Language	Sports and physical activity
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DAY14 19/8/19 Monday	<i>Nazaro KA</i> <i>JaAdu....</i> blindness a preventable curse And disability	Cataract surgery and patient after vision In 5 groups (SDL)			LUNCH	Computer skills Presentation		Sports and physical activity
DAY15 20/8/19 Tuesday	Health care in India. Private public	Dots centre/ tuberculosis wards/ treating/Health center PHC /district hospital / nursing care to sick and their drugs distribution	In 5 groups	Health Visits		Language		Sports and physical activity
DAY16 21/8/19 Wednesday	Health delivery systems and Reporting	Dots centre/ tuberculosis wards/ treating/Health center PHC /district hospital / nursing care to sick and their drugs distribution	In 5 groups	Health Visits		Computer skills		Sports and physical activity

DAY17 22/8/19 Thursday	Lecture from nursing faculty/ANM/ASHA	Dots centre/ tuberculosis wards/ treating/Health center PHC /district hospital / nursing care to sick and their drugs distribution	In 5 groups	Health Visits		Language	Sports and physical activity
23/8/19 Friday	GH						
DAY18 24/8/19 Saturday	Tuberculosis in India	Dots centre/ tuberculosis wards/ treating/Health center PHC /district hospital / nursing care to sick and their drugs distribution	In 5 groups	Health Visits		Computer See medical videos	Sports and physical activity

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DAY19 26/8/19 Monday	Surgery as backbone of health care and emergency Care	OT videos, post operative words and skills on any other trip to hospital burn wards		Health Visits	LUNCH	Language		Sports and physical activity
DAY20 27/8/19 Tuesday	Physiology of fitness and nutrition, Muscle mechanics	Group work/role play Blood group/BMI/body fat/body/water discussion		Health visits		Language		Sports and physical activity

DAY21 28/8/19 Wednesday	Introduction to Biochemistry, its role in Medical science	UG Lab visit			Computer Medical search	Sports and physical activity
DAY22 29/8/19 Thursday	Blood and It's production bone marrow	Integrated teaching of pathology with physiology			Language / Role play / drama on medical theme in English	Sports and physical activity
DAY23 30/8/19 Friday	Yoga and pranayama and it's impact on body parts and functions	Auditorium Lecture on introduction to cadaver teaching	To end with cadaver Ki Pooja		Group presentation	Sports and physical activity Dance
DAY24 31/8/19 Saturday	Reflection of foundation course	Address by dean and Closing Ceremony, Award to best boy and girl of foundation course	Group work presentation	Time table, Hand out for books Orientation and vaccinations	Library visit in batches and visit to the library	Starting of the new journey

INSTRUCTIONS FOR THE STUDENTS

All fresher students are required to follow these instructions:

1. Be in your seat 10 minutes before scheduled time
2. You are permitted to leave the class only after the session ends
3. Mobile phones to be switched off/silent mode/not permitted
4. Dress: casuals, medical white coat and shoes
5. Maintain silence while in session hall
6. Language and computer skills (2-4pm)
7. Sports and physical activity (4-5pm)
8. Orientation on all subjects (30 hours)
9. Professional ethics with every specialties (45+ hours)
10. Health center 4*2=8 hrs in batches with clinical posting PHC sub center and district hospital
11. Skills in every life support and speciality procedures (40 hours)
12. Language, computer skills with leisure extracurricular activity, movies, sports is as recommended by MCI